

UPCOMING COMMUNITY EVENTS



HAPPY GRANDPARENTS DAY!
Sunday, September 10th



Celebrate grandma and grandpa with us!

Classic Car Show

Where: Front Parking Lot

When: Saturday, September 9th | 11-2pm

Live Pianist: Devin Starr

Where: Activity Room

When: Sunday, September 10th | 2pm

EVENTS

Live guitar: Rick Pickren - Thursday, 9/7 | 2:30pm

Sound Bath Meditation with Lauren - Tuesday, 9/12 | 1:30pm

Senior Health Fair Outing - Wednesday, 9/13 | 11am

Stepping Time Dancers - Tuesday, 9/19 | 2:30pm

Resident Council Meeting - Monday, 9/25 | 2pm

Allegro at Sea: Oktoberfest - Friday, 9/29 | ALL DAY!

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644



FLOURISH

SEPTEMBER 2023

WHAT'S INSIDE

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Upcoming Events + News

"BY ALL THESE LOVELY TOKENS, SEPTEMBER DAYS ARE HERE. WITH SUMMER'S BEST OF WEATHER AND AUTUMN'S BEST OF CHEER."

---HELEN HUNT JACKSON

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644
www.AllegroLiving.com

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11:00 **AR** Trivia Handouts
11:30 **AR** Exercise with George
1:00 **AR** Dominoes
2:00 **AR** Gin Rummy Card Club
2:30 **T** Musical Matinee
6:00 **T** Movie Night

10

11:00 **AR** Trivia Handouts
11:30 **AR** Exercise with George
1:00 **AR** Dominoes
2:00 **AR** Gin Rummy Card Club
2:00 **AR** Live Piano: Devin Starr
2:30 **T** Musical Matinee
6:00 **T** Movie Night

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11:00 **AR** Trivia Handouts
11:30 **AR** Exercise with George
1:00 **AR** Dominoes
2:00 **AR** Gin Rummy Card Club
2:30 **T** Musical Matinee
6:00 **T** Movie Night

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11:00 **AR** Trivia Handouts
11:30 **AR** Exercise with George
1:00 **AR** Dominoes
2:00 **AR** Gin Rummy Card Club
2:30 **T** Musical Matinee
6:00 **T** Movie Night

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9:30 **2** Walking Club!
10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
2:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:30 **2** Walking Club!
10:30 **AR** Morning Devotions
11:00 **AR** We Remember 9/11
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
1:00 **T** 9/11 Minute by Minute
2:00 **AR** Penny Auction
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:30 **2** Walking Club!
10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
2:00 **AR** Activity Planning Meeting
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

25

9:30 **2** Walking Club!
10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
2:00 **AR** Resident Council Meeting
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night



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10:30 **AR** Morning Devotions
11:00 **O** Walgreens Shopping Outing
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Murder Mystery Game
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
1:30 **T** "Sound Bath" Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night
6:00 **AR** After Dinner Card Club

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10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:00 **O** Dollar Tree Outing
11:30 **AR** Sit and Tone Exercise
12:00 **AR** Bring in Lunch
1:00 **AR** Quiddler
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Steppin Time Dancers
3:30 **T** Jeopardy Watch Party

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10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:00 **O** Wheaton Dino Drive
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:00 **AR** Meeting with the Chef
2:30 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party



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9:30 **FL** Walking Club Outdoors!
10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
1:00 **AR** Dominoes
2:00 **AR** Universal Yums: Greece
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:30 **FL** Walking Club Outdoors!
10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:00 **O** Senior Health Fair Outing
11:30 **AR** Sit & Tone Exercise
1:00 **AR** Dominoes
2:00 **P** Snack & Chat with Doug
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:00 **FL** Library Book Drop Off Day
9:30 **FL** Walking Club Outdoors!
10:00 **AR** Communion w/ Deacon Dan
10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
1:00 **AR** Dominoes
2:00 **AR** John Boda Presents
3:15 **AR** Bingo Bonanza!
6:00 **T** Movie Night

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9:30 **FL** Walking Club Outdoors!
10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
1:00 **AR** Dominoes
2:00 **T** Snack & Chat with Doug
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night



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10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **P** Garden Club
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Live Guitar: Rick Pickren
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **P** Garden Club
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Live: Fran Marie
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **P** Garden Club
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Live Piano: James Callen
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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10:30 **AR** Morning Devotions
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** Dominoes
1:00 **P** Knitting Club
1:30 **T** Rosary Group
2:30 **AR** Tim Wilsey Presents
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:30 **3** Walking Club!
10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Cooking Club - Brownies
1:00 **AR** Quiddler
1:00 **L** Knitting Club
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:30 **3** Walking Club!
10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Cooking Club - Brownies
1:00 **AR** Quiddler
1:00 **L** Knitting Club
1:15 **T** Communion w. Rev. Joanne
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party

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9:30 **3** Walking Club!
10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Cooking Club - Brownies
1:00 **AR** Quiddler
1:00 **L** Knitting Club
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:30 **3** Walking Club!
10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Cooking Club - Brownies
1:00 **AR** Quiddler
1:00 **L** Knitting Club
1:15 **T** Communion w. Rev. Joanne
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party

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9:30 **3** Walking Club!
9:30 **H** Walk through Germany
10:30 **AR** Morning Devotions
11:00 **AR** Oktoberfest Trivia
11:30 **AR** Wohl Auf Exercise
1:00 **AR** Quiddler
1:00 **AR** Demo- German Potato Salad
2:30 **AR** Guten Appetit: Happy Hour
3:30 **T** Jeopardy Watch Party
3:30 **AR** Create your own Coaster!

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10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

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10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:00 **Classic Car Show**
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
3:15 **AR** Rummikub
6:00 **T** Movie Night

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10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

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10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
2:00 **Men's Club**
3:15 **AR** Rummikub
6:00 **T** Movie Night

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10:30 **AR** Morning Devotions
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

Around our Community



Make sure to join us on Friday, September 29th for our Allegro at Sea Event!

Our community will be transformed into a cruise ship experience for the day. Destination: Germany

LOCATION KEY

- 3** 3rd Floor Hallway
- AR** Activity Room
- L** Library
- T** Theater
- 2** 2nd Floor Hallway
- O** Outing
- B** Bistro
- FL** Front Lobby
- P** Outdoor Patio
- H** Hallway