

UPCOMING COMMUNITY EVENTS



OCTOBER CELEBRATIONS

- 10/8 - Oktoberfest Social w/ Eric & his accordion
- 10/18 - Fall Harvest Social w/ Lauren
- 10/21 - Tasting Tour Around Germany
- 10/26 - DIY Pumpkin Decorating
- 10/29 - DIY Haunted Houses
- 10/29 - Halloween Social w/ singer Cecilia



Toy Story Starbucks Pumpkin Spice Latte & Dunkin' Doughnuts The Wizard of Oz



Crazy as a BAT Batman Winnie the Pooh and Friends

PUMPKIN DECORATING CONTEST Residents & Associates

Submit Your Pumpkin Creation by Wed. 10/27

Community Voting Thur. 10/28

1st, 2nd, 3rd Place Winners Announced Fri. 10/29

“WEAR IT PINK” DAY FRIDAY, OCTOBER 22ND

Community wide “Wear It Pink” day
 Help spread awareness,
 Support the fighters,
 Remember those affected
 Wearing a little bit of pink can go a long way.



Allegro in Harrington Park
 200 Old Hook Road
 Harrington Park, NJ 07640
 (201) 899-4440



FLOURISH

OCTOBER 2021



WHAT'S INSIDE

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 Upcoming Events + News

OCTOBER IS BREAST CANCER AWARENESS MONTH

—WE DON'T KNOW HOW STRONG WE ARE UNTIL BEING STRONG IS THE ONLY CHOICE WE HAVE

Sunday

- OCTOBER 31** Halloween
 9:30 **B** Catholic Mass Livestream
 10:15 **PTH** St. Andrew's Episcopal Livestream
 10:30 **ACT** Cardio & Strength Exercise
 11:30 **AS** Creative Coloring Meetup
 1:00 **ML** Afternoon Stroll
 1:45 **T** Movie-"Young Frankenstein"
 2:00 **PTH** Pub Games
 3:30 **PTH** Social Hour
 7:30 **T** Movie-"Beetlejuice"
- 3**
 9:30 **B** Catholic Mass Livestream
 10:15 **PTH** St. Andrew's Episcopal Livestream
 10:30 **ACT** Cardio & Strength Exercise
 11:30 **AS** Creative Coloring Meetup
 1:00 **ML** Afternoon Stroll
 1:45 **T** Movie Matinee
 2:00 **PTH** Pub Games
 3:30 **PTH** Social Hour
 7:30 **T** Movie Musicals
- 10**
 9:30 **B** Catholic Mass Livestream
 10:15 **PTH** St. Andrew's Episcopal Livestream
 10:30 **ACT** Qigong
 11:30 **GR** Fun Dice Games
 1:00 **ML** Afternoon Stroll
 1:45 **T** Movie Matinee
 2:00 **GR** Wall Scrabble
 3:30 **PTH** Social Hour
 7:30 **T** Virtual Sunday Symphony
- 17**
 9:30 **B** Catholic Mass Livestream
 10:15 **PTH** St. Andrew's Episcopal Livestream
 10:30 **ACT** Cardio & Strength Exercise
 11:30 **AS** Creative Coloring Meetup
 1:00 **ML** Afternoon Stroll
 1:45 **T** Movie Matinee
 2:00 **PTH** Pub Games
 3:30 **PTH** Social Hour
 7:30 **T** Movie Musicals
- 24**
 9:30 **B** Catholic Mass Livestream
 10:15 **PTH** St. Andrew's Episcopal Livestream
 10:30 **ACT** Qigong
 11:30 **GR** Board Gaming Fun
 1:00 **ML** Afternoon Stroll
 1:45 **T** Movie Matinee
 2:00 **GR** Wall Scrabble
 3:30 **PTH** Social Hour
 7:30 **T** Movie Classics

Monday

Allegro in Harrington Park

- 200 Old Hook Road
 Harrington Park, NJ 07640
 (201) 899-4440
 Calendar Dates/Times are subject to change. Updates will be posted.
- 4**
 10:30 **ACT** Gentle Yoga w/ Jennifer
 11:30 **T** Ted Talk & Discussion
 1:00 **ML** Afternoon Stroll
 2:00 **AS** Artists Study & Studio
 3:00 **ACT** Team Building Games
 4:00 **PTH** Social Hour
 7:30 **T** Bridgerton (Netflix Series)
- 11**
 10:30 **ACT** Gentle Yoga w/ Jennifer
 11:30 **T** Ted Talk & Discussion
 1:00 **ML** Afternoon Stroll
 2:00 **L** Knit Wits Club
 2:00 **AS** Sketch Art
 3:00 **ACT** Brain Teasers & Riddles
 4:00 **PTH** Social Hour
 7:30 **T** Bridgerton (Netflix Series)
- 18**
 10:30 **ACT** Gentle Yoga w/ Jennifer
 11:30 **T** Ted Talk & Discussion
 1:00 **ML** Afternoon Stroll
 1:30 **ACT** Current Events w/ Buddy
 3:30 **B** Fall Harvest Social w/ Lauren
 7:30 **T** Bridgerton (Netflix Series)
- 25**
 10:30 **ACT** Gentle Yoga w/ Jennifer
 11:30 **T** Ted Talk & Discussion
 1:00 **ML** Afternoon Stroll
 2:00 **L** Knit Wits Club
 2:00 **AS** Pastel Art Class
 3:00 **ACT** Team Building Games
 4:00 **PTH** Social Hour
 7:30 **T** Bridgerton (Netflix Series)

Tuesday

- 5**
 10:30 **ACT** Total Body Movement w/ Debbie
 11:30 **T** Lecture w/ Paul White
 1:00 **ACT** Afternoon Tai Chi
 1:30 **BC** Tech Tuesday-Help Desk
 2:00 **GR** Rummikub Club
 3:00 **ACT** Team Jeopardy
 4:00 **T** Mindful Meditation
 7:30 **T** Movie Night- Resident Pick
- 12**
 10:30 **ACT** Total Body Movement w/ Debbie
 11:30 **L** Bookworm Discussion Group
 11:30 **ACT** Happy Neuron Brain Fitness
 1:00 **ACT** Afternoon Tai Chi
 2:00 **ACT** Lifestyle Committee
 3:00 **ACT** Indoor Sports Games
 4:00 **T** Mindful Meditation
 7:30 **T** Movie Night- Resident Pick
- 19**
 10:30 **ACT** Total Body Movement w/ Debbie
 11:30 **ACT** Team Trivia Challenge
 1:00 **ACT** Afternoon Tai Chi
 1:30 **BC** Tech Tuesday-Help Desk
 2:00 **GR** Rummikub Club
 3:00 **T** Short Film & Discussion
 4:00 **T** Mindful Meditation
 7:30 **T** Movie Night- Resident Pick

Wednesday



- 6**
 10:30 **ACT** Balance Fitness w/ Tammie
 11:30 **ACT** Painting Class
 1:00 **ML** Afternoon Stroll
 2:00 **ACT** STEM Challenge w/ Lifestyle
 2:00 **GR** Mahjong Club w/ Stacy
 3:00 **ACT** Bingo
 4:00 **PTH** Social Hour
 7:30 **T** Movie Comedy
- 13**
 10:30 **ACT** Balance Fitness w/ Tammie
 11:30 **ACT** Millionaire Trivia Challenge
 1:00 **ML** Afternoon Stroll
 2:00 **GR** Mahjong Club w/ Stacy
 2:00 **T** University Lecture
 3:00 **ACT** Bingo
 4:00 **PTH** Social Hour
 7:30 **T** Documentary Film
- 20**
 10:30 **ACT** Balance Fitness w/ Tammie
 11:30 **ACT** Word Challenge Games
 1:00 **ML** Afternoon Stroll
 2:00 **GR** Mahjong Club w/ Stacy
 2:00 **ACT** Reminiscence Group w/ Paul Rabinowitz
 3:00 **ACT** Bingo
 4:00 **PTH** Social Hour
 7:30 **T** Movie Comedy
- 27**
 10:30 **ACT** Balance Fitness w/ Tammie
 11:30 **AS** Watercolor Landscapes
 1:00 **ML** Afternoon Stroll
 2:00 **T** University Lecture
 2:00 **GR** Mahjong Club w/ Stacy
 3:00 **ACT** Bingo
 4:00 **PTH** Social Hour
 7:30 **T** Movie Action

Thursday



- 7**
 10:30 **P** Aquacise w/ Sophia
 10:30 **ACT** Cardio & Strength Exercise
 11:30 **ACT** Podcast Listen & Discussion
 1:00 **ACT** Afternoon Tai Chi
 2:00 **GR** Card Games w/ Lifestyle
 3:00 **ACT** Healthy Talks w/ Lifestyle
 4:00 **T** Mindful Meditation
 7:30 **PTH** Concert & Cordials w/ Misha
- 14**
 10:30 **P** Aquacise w/ Sophia
 10:30 **ACT** Cardio & Strength Exercise
 11:30 **ACT** Crossword Challenge
 1:00 **ACT** Afternoon Tai Chi
 2:00 **GR** Card Games w/ Lifestyle
 2:00 **L** Literary Roundtable w/ Peg
 3:00 **ACT** Culinary Demo
 4:00 **T** Mindful Meditation
 7:30 **T** 92Y Program Features
- 21**
 10:30 **P** Aquacise w/ Sophia
 10:30 **ACT** Cardio & Strength Exercise
 11:30 **ACT** Podcast Listen & Discussion
 1:00 **ACT** Afternoon Tai Chi
 2:00 **GR** Card Games w/ Lifestyle
 3:00 **ACT** Food & Bev Tasting Tour Germany
 4:00 **T** Mindful Meditation
 7:30 **T** Movie Musicals

Friday

- 1**
 10:30 **ACT** Balance Fitness w/ Lifestyle
 11:30 **ACT** Playwright Reading Workshop
 1:00 **ML** Afternoon Stroll
 2:00 **GR** Canasta Club w/ Lisa
 2:30 **ACT** Pictionary
 4:00 **PTH** Social Hour
 5:15 **B** Shabbat
 7:30 **T** Movie Night- New Release
- 8** Oktoberfest Celebration
 10:30 **ACT** Balance Fitness w/ Lifestyle
 11:30 **AS** Fun Facts & Trivia-Germany
 1:00 **ML** Afternoon Stroll
 2:00 **GR** Canasta Club w/ Lisa
 3:00 **B** Oktoberfest Social w/ Eric & his accordion
 5:15 **B** Shabbat
- 15**
 10:30 **ACT** Balance Fitness w/ Lifestyle
 11:30 **ACT** Travelogue- Germany
 1:00 **ML** Afternoon Stroll
 2:00 **GR** Canasta Club w/ Lisa
 2:30 **T** Art Appreciation
 4:00 **PTH** Social Hour
 5:15 **B** Shabbat
 7:30 **T** Movie Night- New Release
- 22** Wear It Pink Day
 10:30 **ACT** Balance Fitness w/ Lifestyle
 11:30 **AS** Art Workshop- Doodle Art
 1:00 **ML** Afternoon Stroll
 2:00 **GR** Canasta Club w/ Lisa
 2:30 **ACT** Indoor Sports Games
 4:00 **PTH** Meet New Residents Social
 5:15 **B** Shabbat
 7:30 **T** Movie Night- New Release

Saturday

- 2**
 10:00 **PTH** Shabbat - Morning Service
 10:30 **ACT** Yoga Flow w/ Colleen
 11:30 **GH** Garden Club
 1:00 **ML** Afternoon Stroll
 2:00 **ACT** Line Dancing
 3:30 **PTH** Social Hour
 7:30 **T** Movie Classics
- 9**
 10:00 **PTH** Shabbat - Morning Service
 10:30 **ACT** Yoga Flow w/ Colleen
 11:30 **ACT** Creative Writing Workshop
 1:00 **ML** Afternoon Stroll
 2:00 **ACT** Finish the Lyrics
 3:30 **PTH** Social Hour
 7:30 **T** Virtual Theater
- 16**
 10:00 **PTH** Shabbat - Morning Service
 10:30 **ACT** Yoga Flow w/ Colleen
 11:30 **ACT** Flower Arranging
 1:00 **ML** Afternoon Stroll
 2:00 **ACT** Line Dancing
 3:30 **PTH** Social Hour
 7:30 **T** Movie Classics
- 23**
 10:00 **PTH** Shabbat - Morning Service
 10:30 **ACT** Yoga Flow w/ Colleen
 11:30 **ACT** Card Making Class
 1:00 **ML** Afternoon Stroll
 2:00 **ACT** Finish the Lines
 3:30 **B** Birthday Celebration w/ Clint Edwards
 7:30 **T** Virtual Concert

DAILY HAPPENINGS

Books to Borrow- Please be sure to sign out/in the Log Book (Activity Room)

Tech Tuesdays Help Desk- Mobile phone, computer, tablet, CLC mobile app

Clubs- Check Calendar for Dates/Times
 Want to Start a Club?
 Contact the Lifestyle Dept.

Committee Meetings at 2pm
 10/12 - Lifestyle
 10/26 - Dining Services
 10/28 - Resident Council

Shabbat - Fridays at 5:15pm

Transportation- Transportation to medical appointments. Request forms are available at Reception. Please submit 5 days in advance.

Calendars & Movie Guides- Daily, Weekly Monthly available at Reception & Lobby. Movie suggestions appreciated.

LOCATION KEY

- ACT** Activity Room
- ML** Meet in Lobby
- GR** Game Room
- PTH** Penthouse Pub
- B** Bistro
- T** Theater
- GH** Greenhouse
- AS** Art Studio
- BC** Business Center
- P** Pool