

UPCOMING COMMUNITY EVENTS



TRY TO REMEMBER - REMINISCING

Try to remember the kind of
September

When life was slow and oh, so mellow

Try to remember the kind of
September

When grass was green and grain was
yellow

Try to remember the kind of
September

When you were a tender and callow fellow

Try to remember and if you remember

Then follow, follow

Try to remember the kind of September

When love was an ember about to billow

Try to remember and if you remember

Then follow, follow

UPCOMING PERFORMANCES

SEPT. 4 SINGERS -JAN & GINO

Sept. 8 Cellist Alexey P.

Sept. 10 Pianist- Andy B.

Sept. 13 Singer - Jeff D.

Sept. 20 Guitar - Davey D.

Sept. 28 FAM & FRIENDS

Violinist - Mihai V.

Alto Grayslake

1865 E Belvidere Rd
Grayslake, IL 60030
(847) 908-9973



FLOURISH

SEPTEMBER 2023

WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

*"HOW SMARTLY SEPTEMBER COMES IN, LIKE A RACING GIG, ALL STYLE,
NO CONFUSION."*

—ELEANOR CLARK.

Sunday

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<https://www.allegroliving.com/grayslake-senior-living.html>

Monday

Tuesday



Wednesday



Thursday



Friday

Saturday

Around our Community

BIRTHDAYS

Wally R. 9/03
Barbara J. 9/10
Linda B. 9/19
Edna W. 9/24

If we missed yours
please let us know.

“Live your life and
forget your age.”
Norman Vincent Peale

“Here is the test to
find whether your
mission on earth is
finished: If you're
alive, it isn't.”
Richard Bach

LOCATION KEY

FC Fitness Center
103 Near Apt. 103
CR Community Room
FP Fireplace - Lobby
MT Movie Theater
B Bistro
C Courtyard
POOL Pool Rm. on 2
LOB Lobby
BUS Bus

3

10:15 **CR** Video Exercise Class
11:00 **CR** Sunday Catholic Mass
1:15 **CR** BINGO - Early start
2:15 **MT** Matinee MOVIE
3:00 P.M. Popcorn
4:00 **C** DIY Walkers CLUB
6:00 **CR** Evening Movie

10

GRANDPARENTS DAY
10:15 **CR** Video Exercise Class
11:00 **CR** Sunday Catholic Mass
1:15 **CR** BINGO - Early start
3:00 **CR** PIANO CONCERT with Andy B
4:00 **C** DIY Walkers CLUB
6:00 **CR** Evening Movie

17

10:15 **CR** Video Exercise Class
11:00 **CR** Sunday Catholic Mass
1:15 **CR** BINGO - Early start
2:15 **MT** Matinee MOVIE
3:00 P.M. Popcorn
4:00 **C** DIY Walkers CLUB
6:00 **CR** Evening Movie

24

YOM KIPPUR
10:15 **CR** Video Exercise Class
11:00 **CR** Sunday Catholic Mass
1:15 **CR** BINGO - Early start
2:15 **MT** Matinee MOVIE
3:00 P.M. Popcorn
4:00 **C** DIY Walkers CLUB
6:00 **CR** Evening Movie

4

LABOR DAY
10:15 **FC** Movin' Monday
10:45 **FC** Daily Chronicle Discussion
1:30 **CR** Sitcom Rewind
3:00 **CR** JAN & GINO PERFORMANCE
6:00 **CR** Labor Movemt & US Workers

11

Picture me younger
10:15 **FC** Movin' Monday
10:45 **FC** Daily Chronicle Discussion
11:00 **CR** ACTIVITY COMMITTEE MTG.
1:30 **CR** Sitcom Rewind
3:00 **CR** Arts or Crafts
6:00 **CR** TRAVEL TO: NATIONAL PARKS

18

10:15 **FC** Movin' Monday
10:45 **FC** Daily Chronicle Discussion
12:00 **B** MEN'S LUNCH
1:30 **CR** Sitcom Rewind
3:00 **CR** Arts or Crafts
6:00 **CR** TRAVEL TO: AUSTRIA

25

10:15 **FC** Movin' Monday
10:45 **FC** Daily Chronicle Discussion
1:30 **CR** Sitcom Rewind
2:00 **MT** MID-DAY MATINEE SPECIAL
6:00 **CR** TRAVEL TO: PORTUGAL

5

10:15 **FC** Legacy Exercise
10:45 **MT** Catholic Communion
10:45 **FC** Wellness Tip of the Day
2:00 **B** Happy Hour & Word Games
3:00 **C** GARDEN CLUB - Harvesting
6:00 **B** Trivia, Board Games & More

12

10:15 **FC** Legacy Exercise
10:45 **MT** Catholic Communion
10:45 **FC** Wellness Tip of the Day
2:00 **CR** Happy Hour & Trivia
3:00 **C** GARDEN CLUB - Harvesting
6:00 **B** Trivia, Board Games & More

19

10:15 **FC** Legacy Exercise
10:45 **MT** Catholic Communion
10:45 **FC** Wellness Tip of the Day
2:00 **B** Happy Hour & Word Games
3:00 **C** GARDEN CLUB - Harvesting
6:00 **B** Trivia, Board Games & More

26

10:15 **FC** Legacy Exercise
10:45 **MT** Catholic Communion
10:45 **FC** Wellness Tip of the Day
11:00 **B** FOOD COMMITTEE MTG.
2:00 **CR** Happy Hour & Trivia
3:00 **C** GARDEN CLUB - Harvesting
6:00 **B** Trivia, Board Games & More

6

10:15 **FC** Wednesday Weights
10:45 **FC** Daily Chronicle Discussion
11:00 **POOL** Let's Play Pool
2:00 **CR** BINGO - Free !
3:00 **CR** Quick Stretch
3:15 **CR** DRY BAR COMEDY Videos
3:15 **LOB** Dog Visit with Sadie
6:00 **CR** The Jazz Singer Pt. 1

13

10:15 **FC** Wednesday Weights
10:45 **FC** Daily Chronicle Discussion
11:00 **CR** When I was young I . . .
2:00 **CR** BINGO - Free !
3:00 **CR** CONCERT: JEFF DEWBRAV
6:00 **CR** The Music Man Pt. 1

20

10:15 **FC** Wednesday Weights
10:45 **FC** Daily Chronicle Discussion
11:00 **POOL** Let's Play Pool
2:00 **CR** BINGO - Free !
3:00 **CR** CONCERT: DAVEY D.
4:15 **LOB** Dog Visit with Gibson
6:00 **CR** WILLIE WONKA Pt. 1

27

10:15 **FC** Wednesday Weights
10:45 **FC** Daily Chronicle Discussion
2:00 **CR** BINGO - Free !
3:00 **CR** Quick Stretch
3:15 **CR** DRY BAR COMEDY Videos
6:00 **CR** DIRTY DANCING 110 min

7

10:15 **FC** Legacy Exercise
10:45 **FC** Wellness Tip of the Day
11:00 **BUS** BUS TRIP: MARIANO'S
2:00 **B** Happy Hour: Drinks & Appetizers + Word Games
3:00 **C** Garden Club
6:00 **MT** The Jazz Singer Pt. 2

14

10:15 **FC** Legacy Exercise
10:45 **FC** Wellness Tip of the Day
11:00 **BUS** BUS TRIP: CHILI'S
2:00 **CR** ROSH HASHANAH Happy Hr
3:00 **C** Garden Club
6:00 **MT** The Music Man Pt. 2

21

10:15 **FC** Legacy Exercise
10:45 **FC** Wellness Tip of the Day
11:00 **BUS** BUS TRIP: JOY RIDE
2:00 **B** Happy Hour: Drinks & Appetizers + Word Games
3:00 **C** Garden Club
6:00 **MT** WILLIE WONKA Pt. 2

28

10:15 **FC** Legacy Exercise
10:45 **FC** Wellness Tip of the Day
11:00 **BUS** BUS TRIP: PANDA EXPRESS
2:00 **MT** CURRENT MOVIE - TBD
3:00 **C** Garden Club
6:00 **CR** FAMILY/FRIENDS HAPPY HR

1

10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicle Discussion
1:30 **103** Bible Study & Devotions
3:00 **CR** Friday FUN & GAMES
6:00 **FP** Friday Fireplace Friends

8

10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicle Discussion
11:15 **CR** LADIES LUNCHEON
11:30 **CR** Cellist A. POLTAVCHENKO
1:30 **103** Bible Study & Devotions
3:00 **CR** Friday FUN & GAMES
6:00 **FP** Friday Fireplace Friends

15

ROSH HASHANAH
10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicle Discussion
1:30 **103** Bible Study & Devotions
3:00 **CR** Who is who & a story or 2
6:00 **FP** Friday Fireplace Friends

22

10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicle Discussion
1:30 **103** Bible Study & Devotions
3:00 **CR** Friday FUN & GAMES
6:00 **FP** Friday Fireplace Friends

29

10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicle Discussion
11:00 **CR** RESIDENT COUNCIUL
1:30 **103** Bible Study & Devotions
3:00 **CR** SHARED TREASURES - R Yost
6:00 **FP** Friday Fireplace Friends

2

Jigsaw Puzzle Challenge
10:15 **CR** Video Exercise Class
1:15 **CR** BINGO - Early start
2:15 **MT** Matinee MOVIE
3:00 **B** Cards: Pinochle
4:00 **C** DIY Walkers CLUB
6:00 **CR** Evening Movie

9

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16

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23

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30

Jigsaw Puzzle Challenge
10:15 **CR** Z U M B A class !
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