

January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 New Year's Day 9:00 Coffee Bar with Granola, Donuts & Muffins	2 9:00 Coffee Bar with Granola, Donuts & Muffins 11:30 (Resident-Led) Walk & Talk 3:00 Flamenco Class by Adriana
3 9:00 (Resident-Led) Virtual Sunday Service 2:00 (Resident-Led) Movie & Popcorn	4 9:00 Continental Breakfast 10:15 Learn How: English 101 12:00 Creative Crafting 2:30 Bingo Hour 5:30 Mindful Yoga by Vida Art	5 9:00 Coffee Bar with Granolas 11:00 Chair Cardio 12:30 Thankful Tuesday Journal 1:30 Trivia Tuesday 3:00 Painting Plus by Salvador 7:00 Margarita Social Hour	6 9:00 Continental Breakfast 10:30 Wake & Shake Zumba 11:30 Card Games 2:00 Bingo Hour 3:15 Mid-Week Movie	7 9:00 Coffee Bar with Granolas 11:00 Strength Training 12:30 Curiosity Stream Series 2:30 Domino Hour 4:30 Thoughtful Thursday Walk 6:30 Happy Hour & Live Ent.	8 9:00 Continental Breakfast 10:30 Friday Fitness Rotation 11:30 Color Relaxation 1:00 Table-top Shuffleboard 1:45 Fund Friday Film 4:30 Fabulous Musical Fridays	9 9:00 Coffee Bar with Granola, Donuts & Muffins 11:30 (Resident-Led) Walk & Talk 3:00 Latin Dance Class by Adriana
10 9:00 (Resident-Led) Virtual Sunday Service 2:00 (Resident-Led) Movie & Popcorn	11 Martin Luther King Jr. Day 9:00 Continental Breakfast 10:15 Learn How: English 101 12:00 Creative Crafting 2:30 Bingo Hour 5:30 Mindful Yoga by Vida Art	12 9:00 Coffee Bar with Granolas 11:00 Chair Cardio 12:30 Thankful Tuesday Journal 1:30 Trivia Tuesday 3:00 Painting Plus by Salvador 7:00 Margarita Social Hour	13 9:00 Continental Breakfast 10:30 Wake & Shake Zumba 11:30 Sip. Savor. Smile Event 2:00 Bingo Hour 3:15 Mid-Week Movie	14 9:00 Coffee Bar with Granolas 11:00 Strength Training 12:30 Curiosity Stream Series 2:30 Domino Hour 4:30 Thoughtful Thursday Walk 6:30 Happy Hour & Live Ent.	15 9:00 Continental Breakfast 10:30 Friday Fitness Rotation 11:30 Color Relaxation 1:00 Table-top Shuffleboard 1:45 Fund Friday Film 4:30 Fabulous Musical Fridays	16 9:00 Coffee Bar with Granola, Donuts & Muffins 11:30 (Resident-Led) Walk & Talk 3:00 Flamenco Class by Adriana
17 9:00 (Resident-Led) Virtual Sunday Service 2:00 (Resident-Led) Movie & Popcorn	18 9:00 Continental Breakfast 10:15 Learn How: English 101 12:00 Creative Crafting 2:30 Bingo Hour 5:30 Mindful Yoga by Vida Art	19 9:00 Coffee Bar with Granolas 11:00 Chair Cardio 12:30 Thankful Tuesday Journal 1:30 Trivia Tuesday 3:00 Painting Plus by Salvador 7:00 Margarita Social Hour	20 9:00 Continental Breakfast 10:30 Wake & Shake Zumba 11:30 Card Games 2:00 Bingo Hour 3:15 Mid-Week Movie	21 9:00 Coffee Bar with Granolas 11:00 Strength Training 12:30 Curiosity Stream Series 2:30 Domino Hour 4:30 Thoughtful Thursday Walk 6:30 Happy Hour & Live Ent.	22 9:00 Continental Breakfast 10:30 Friday Fitness Rotation 11:30 Color Relaxation 1:00 Table-top Shuffleboard 1:45 Fund Friday Film 4:30 Fabulous Musical Fridays	23 9:00 Coffee Bar with Granola, Donuts & Muffins 11:30 (Resident-Led) Walk & Talk 3:00 Latin Dance Class by Adriana
24 9:00 (Resident-Led) Virtual Sunday Service 2:00 (Resident-Led) Movie & Popcorn	25 9:00 Continental Breakfast 10:15 Learn How: English 101 12:00 Creative Crafting 2:30 Bingo Hour 5:30 Mindful Yoga by Vida Art	26 9:00 Coffee Bar with Granola 11:00 Chair Cardio 12:30 Thankful Tuesday Journal 1:30 Trivia Tuesday 3:00 Painting Plus by Salvador 7:00 Margarita Social Hour	27 9:00 Continental Breakfast 10:30 Wake & Shake Zumba 11:30 January Birthday Celebrations 2:00 Bingo Hour 3:15 Mid-Week Movie	28 9:00 Coffee Bar with Granolas 11:00 Strength Training 12:30 Curiosity Stream Series 2:30 Domino Hour 4:30 Thoughtful Thursday Walk 6:30 Happy Hour & Live Ent.	29 9:00 Continental Breakfast 10:30 Friday Fitness Rotation 11:30 Color Relaxation 1:00 Table-top Shuffleboard 1:45 Fund Friday Film 4:30 Fabulous Musical Fridays	30 9:00 Coffee Bar with Granola, Donuts & Muffins 11:30 (Resident-Led) Walk & Talk 3:00 Flamenco Class by Adriana
31 9:00 (Resident-Led) Virtual Sunday Service 2:00 (Resident-Led) Movie & Popcorn						

EVENTS

Thirsty Thursday Happy Hours

Join your neighbors in the Bistro every Thursday night for cocktails and live musical entertainment.

Sip. Savor. Smile – New Vision Boards

Dream It. Believe It. Do It! Start the new year with a plan that will help you achieve all your goals for 2021. Bring a magazine to share while we eat, drink and create!

Fabulous Musical Fridays

Nothing better than ending the week with music and dancing! Enjoy a variety of live musical performances every Friday.